

THE **AMERICAN**
CENTER FOR THE
ALEXANDER
TECHNIQUE, INC.

A 501 (3) (c) Not For Profit Organization

Dear Prospective Volunteer:

Thank you for inquiring about volunteering in our Teacher Certification Program (TCP). During their third and final year at ACAT, our trainees work with volunteer students under the supervision of a senior member of our faculty. As the trainees progress through the program, they are required to work with volunteer students with ever-decreasing levels of experience in the Alexander Technique, until by their final term they are working with students who have never had a lesson. Please consult the chart at the bottom of this page for our upcoming needs.

The primary focus of the TCP is, of course, our trainees, and our volunteer program is geared towards their educational needs. The volunteers benefit also, however; you will have ample opportunity to experience hands-on Alexander Technique instruction and to learn about our TCP, should you have an interest in training. If you are selected for our program, you will be invited to participate in one of two ways:

- **During classes of the TCP.** You will come to the school once a week for 45 minutes for eight consecutive weeks. Depending on the class, you may work with one or more trainees during a session. You are expected to commit to all eight sessions and to contact a designated volunteer coordinator at least 24 hours in advance of any absence. The fee for serving as a volunteer in classes is \$80 per term.
- **In individual supervised or non-supervised sessions.** You will receive private instruction from a trainee in a series of lessons, to be scheduled according to the availability of you, the trainee, and the supervising teacher if applicable. To serve as a volunteer in these individual supervised lessons, the lesson fees range from free to \$25/lesson, PLUS the cost of any rent for use of a teaching studio.

If you wish to be considered for participation in the Volunteer Program, please complete the Volunteer Application and return it by mail or fax (212-633-2239). When you are selected to volunteer, you will be asked to sign a contract and to remit the fees as listed above. Please be aware that we have limited slots for volunteers and may not always be able to use everyone who applies for a given term. We will keep every applicant's name on file, however, for future terms.

Sincerely,



Brooke Lieb
 TCP Director of Training

VOLUNTEER SCHEDULE NEEDS

<i>Terms</i>	<i>Prior A.T. Experience</i>
<i>Spring 2010, Fall 2010, Spring 2011, Winter 2011, Fall 2011</i>	<i>* Complete beginners with no AT experience</i>
<i>Spring 2010, Winter 2011, Spring 2011</i>	<i>* Moderate exposure (7 -20 lessons)</i>
<i>Fall 2010, Winter 2011</i>	<i>* Experienced AT students (Over 20 lessons)</i>