

FACULTY

Our ACAT Faculty has between 15 and 37 years of teaching experience, providing wide exposure to styles and backgrounds of teaching. In addition to faculty, members from the ACAT teaching community volunteer within the training program. For biographies of the ACAT TCP Faculty, please visit www.acatnyc.org

CLASS LOCATION AND DIRECTIONS

The American Center for the Alexander Technique, Inc. (ACAT)
39 W. 14th St. #507
(between 5th & 6th Avenues)
by subway: 4, 5, 6, N, R, Q, W, L to Union Sq;
F, V to 14th St /6th Ave.;
1 to 14th St./7 Ave.

QUESTIONS?

Phone: 212-633-2229

Email: acat@acatnyc.org

Become a Member, Associate Member, or Friend of the Center!

The American Center for the Alexander Technique, Inc. (ACAT) is a New York not-for-profit corporation and Exempt Organization 501(c)(3).

Founded in 1964, ACAT is the oldest training program in the Americas, as well as the first professional member organization.

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New York, NY 10011
Phone: 212-633-2229
Fax: 212-633-2239
E-mail: acat@acatnyc.org
Web: www.acatnyc.org

VISITING STUDENT PROGRAM

The American Center for the Alexander Technique offers experienced students of the Alexander Technique the opportunity to attend classes at our Teacher Certification Program.

Classes explore the Alexander Principles, respiratory re-education, use of the voice, and daily and specialized activities.

Learn from ACAT faculty in a stimulating setting side-by-side with our Teacher Certification Candidates.

“People do not decide their futures, they decide their habits and their habits decide their futures.”

F.M. Alexander

ABOUT THE VISITING STUDENT PROGRAM

While participating in classes within the Teacher Training Program, Visiting Students are supported in making self discoveries while engaging in a systematic training based on F. M. Alexander's concept of awareness, inhibition and direction. There will be an emphasis on attaining a high level of self-awareness as well as learning more efficient ways of using oneself in the activities of life.

Classes explore the Alexander Principles, respiratory re-education, use of the voice, and daily and specialized activities. Visiting students receive hands-on turns from the teachers, cover some material from the first year syllabus and are invited to participate in discussions, presentations, Q & A, and experiential activities. They will have a chance to receive hands-on work from the teacher training candidates and observe classmates in their learning process.

The student teacher ratio in the Teacher Certification Program is 5:1 or less.

PRE-REQUISITES

This course is designed for experienced students who have had a minimum of 10 private lessons*, are interested in a more intensive form of study, and/or are considering entering Teacher Training. (Visiting Students will not be trained in any hands-on teaching skills.) Participation is no guarantee of acceptance into ACAT, but does allow ACAT faculty and Visiting Students to become acquainted with each other.

**This pre-requisite can be waived on a case-by-case basis.*

FEES

Class Fees: \$65/day \$325/week
Associate Membership Fee: \$40

All students studying as Visiting Students must become Associate Members.

SCHEDULE

Classes meet for three 10-week terms each year, beginning in late September and finishing in late June

There are two sections which meet daily in the Teacher Certification Program.
Classes meet from 8:00 am–10:20 am; or from 10:35am –1:35 pm.

Students may opt to attend the course for a consecutive number of days or weeks; or on a weekly basis for a period of time.

ADMITTANCE POLICY

Admittance as a Visiting Student is dependent upon your application information and is contingent on space in the program.

PAYMENT SCHEDULE

Fees for classes must be pre-paid to "ACAT" in order to attend class. Please contact our Office Manager at (212) 633-2229 X1 to arrange payment for the course.

Submit this form with the Visiting Student Application and fees:

Name: _____

Address: _____

Phone: (____) _____

E-mail: _____

Associate membership Fee..... \$40

Day Fee (\$65) ___ days x \$65: \$ _____

Weekly Fee(\$325) ___ weeks x\$325:\$ _____

Total Amount Enclosed: \$ _____

I am currently an ACAT Associate Yes

Member:

No

REGISTRATION

To arrange to attend as a visiting student, please contact Brooke Lieb, Director, Teacher Certification Program, at (212) 633-2229, Mailbox #3; or by e-mailing office@acatnyc.org