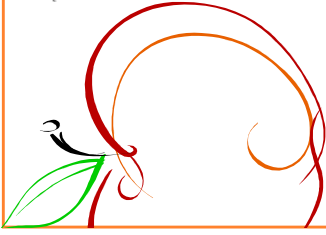




39 W 14th St. #507
New York, NY 10011
Phone: 212-633-2229
Fax: 212-633-2239
E-mail: office@acatnyc.org
Web: www.acatnyc.org



THE AMERICAN
CENTER FOR THE
ALEXANDER
TECHNIQUE, INC.

The Fourth Annual Summer Intensive in the Big Apple

July 19—23, 2010

New and experienced students of the Alexander Technique are invited to join us for this opportunity to study with Faculty Members of ACAT, North America's Oldest Teacher Certification Program.

“Change involves carrying out an activity against the habit of life.”

F.M. Alexander

FACULTY:

Brooke Lieb, Cynthia Reynolds, Kim Jes-
sor, Daniel Singer and Hope Martin, mem-
bers of the Faculty of ACAT's Teacher
Certification Program, will be teaching on
the course.

Additional Faculty from the ACAT teach-
ing community will join us as needed. Fac-
ulty is subject to change without no-
tice. For biographical information on the
ACAT Faculty, please visit
www.acatnyc.org.

Course Location and Directions:

The American Center for the
Alexander Technique, Inc. (ACAT)
39 W. 14th St. #507
(between 5th & 6th Avenue)
by subway: 4,5,6,N,R,Q,W,L to Union Sq,
F, V to 14th St /6th Ave.
and the 1 to 14th St./7 Ave.
office@acatnyc.org www.acatnyc.org

Become a Member, Associate Member, or Friend of the Center!

The American Center for the Alexander
Technique, Inc. (ACAT) is a New York
not-for-profit corporation and Exempt
Organization 501(c)(3).

Founded in 1964, ACAT is the oldest
training program in the Americas,
as well as the first professional
member organization.

REGISTRATION:

Fill in this registration form,
cut and mail with your deposit:

Name: _____

Address: _____

Phone: (____) _____

E-mail: _____

If you have any prior experience with
the Alexander Technique, please list
here: _____

I am an ACAT Associate Member: Yes
No

To secure your space, send this registra-
tion form and your \$100 deposit to:

The Summer Intensive @ ACAT
39 West 14th Street, Room 507
New York, NY 10011

Deposit due by May 31, 2010
Balance due by June 21, 2010



Alexander Technique in the Big Apple

ACAT's week-long Summer Intensive
is open to any new and experienced
student wishing to deepen her or his
exploration of the Alexander
Technique with ACAT's highly skilled
faculty.

Students will come together to learn in
a rich group setting. Each participant
will also receive a private lesson as
part of the program. Daily classes will
embody the rigor and focus of the
teacher training setting, addressing the
individuals needs and interests of each
participant. We will delve into the
Alexander Technique principles, as
well as explore application to the ac-
tivities of daily living.

The student to teacher ratio will be 7:1
or less.

SCHEDULE:

Daily Group classes: 9:00am-12:00pm
Mon, July 19 - Fri. July 23, 2010

Each participant will be scheduled for 1
private lesson during the program. Lessons
will take place at 12:30pm or 1:15pm one
day after class.

FEE:

Associate Member \$400
Non-Member: \$450

CANCELLATION POLICY:

Until June 28, a full refund minus a \$25
registration fee. Until July 8, 50% refund
minus a \$25 registration fee. No refunds
after July 8. All fees are 100% transferable
to another participant, and all cancellations
will be refunded in full, in the event a wait-
listed student takes your space. In the event
of under enrollment, all fees will be fully
refunded.

**This course is limited to 12
participants. Please register early.**

**Founded in 1964, and certifying teachers since 1967, ACAT's
missions are: teacher training, member services, public outreach
and education.**