

THE AMERICAN  
CENTER FOR THE  
ALEXANDER  
TECHNIQUE, INC.

[www.acatnyc.org](http://www.acatnyc.org)

*This is a list of certified teachers of the Alexander Technique in the Greater NYC Metropolitan Area. To get started we recommend an introductory lesson/workshop. You can use this list to find a teacher in your area. Teachers with an asterisk (\*) after their name also teach group classes. Teachers with an (H) after their name make house calls.*

**Manhattan**

**Upper East Side**

Patty de Llosa*	212-737-6469	423 E. 84 St
Alejandra Martorell	646-509-1349	1685 Lexington Ave #3
Jane Tomkiewicz*	212-415-5552	92nd St. Y, 1395 Lex. Ave
Takako Shimizu*	212-203-5516	500 East 77th Street, #1607
Jenna Zabala*	212-415-5552	92nd St. Y, 1395 Lex. Ave

**Union Square & Chelsea**

Joan Arnold*	212-691-3941	1 Union Square West #708
Rachel Bernsen	917-531-4484	39 W. 14th St. #507
Teva Bjerken	347-907-2833	10 E. 21st St. 4th Fl
Robert Bradley* -H	347-463-0241	39 W. 14 St #507
David Coben	917-579-8745	39 W. 14 St #507
Barbara Curiale*	212-316-5306	39 W. 14 St. #507
Laurie Currie	845-621-4677	39 West 14th St. #507 & 508
Ruth Diamond* -H	212-677-1909	39 W. 14 St #507
Marjorie Dorfman*	212-929-1619	175 W. 12th St #4H
Emily Faulkner *	212-242-7768	525 W. 22 St #5A
Joan Frost* -H	845-365-3497	39 W. 14th St. #507
Amira Glaser* -H	646-246-7983	39 W. 14th St. #507
Also at		41 Union Square West
Judith Grodowitz*	212-675-1094	337 W. 21 St #5A
Michael Hanko* -H	917-239-0863	39 W. 14 St #507
Also at		341 W. 24 St., #12D
Helen Hansen*	917-623-0657	Union Square
Joanne Howell -H	212-533-5574	201 E. 17 St #12J
Betsy Hulton* -H	646-348-4458	39 W. 14 St #507
Joan Hurley -H	917-599-7029	39 W. 14 St. #507
Mark Josefsberg* -H	917-709-4648	39 W. 14 St #507
Satoko Kajita	857-234-6634	39 W. 14 St #507
Glenn Kenreich	646-765-8576	39 W. 14 St #507
Masumi Kishimoto	917-385-4249	39 W. 14 St #507
Michelle Makarski-H	212-923-4660	39 W. 14 St #507
Ed Malave -H	917-627-8212	39 W. 14 St #507
Hope Martin*	212-243-3867	15 E. 17 St., 6th floor
Also at		Hope Martin Studio, 39 W. 14 St #508
Alejandra Martorell	646-509-1349	39 W. 14th St. #507
Naoko Matsumoto* -H	646-386-6241	39 W. 14th St. #507
Naoko Reames		39 W. 14th St. #507
Elizabeth Reid	646-246-1552	15 E 21st St #320
Cynthia Reynolds* -H	646-765-8650	39 W. 14 St #507
Gwendolyn M. Roe	973-981-0343	39 W. 14 St #507
Victoria Roth*	646-326-2213	39 W. 14 St #507
Shelley Senter*	510-421-1077	1 Union Square W, #708
Takako Shimizu*	212-203-5516	39 W. 14 St. #507
Diann Sichel*	973-744-0357	1 Union Square W
Jane Tomkiewicz	718-369-3092	39 W. 14 St. #507
Rebecca Tuffey*	347-665-8858	32 Union Sq East #615N
Jessica Wolf*	212-691-3941	1 Union Square West #814A
Regina Wray -H	973-402-7473	39 W. 14 St #507
Diane Young Sussman	646-734-7179	1123 Broadway at 25 St, #213
Jenna Zabala* -H	718-431-4549	39 W. 14 St. #507

**Lower East Side & Greenwich Village**

Beret Arcaya*	212-677-0022	810 Broadway, #2
Teva Bjerken*	212-229-5859	The New School for Drama, 151 Bank St
Sabine Heubusch* -H	212-254-7759	267 E. 10th St. #10
Also at		74 Warren St
Betsy Hulton* -H	646-348-4458	438 E. 13th St.
Masumi Kishimoto*		123 4th Ave, 2nd FL

Lindsay Newitter* -H	646-300-1379	1133 Broadway, #508
Cynthia Reynolds* -H	646-765-8650	The New School for Drama, 151 Bank St
Constance Serchuk	212-677-1663	568 Grand St #1806J
Laura Smith -H	917-603-0644	114 Fulton Street
Tom Vasiliades*	212-564-5472	The New School for Drama, 151 Bank St

**Upper West Side**

Riki Alexander	202-363-6568	400 Central Park West #8D
Alan Bowers	212-666-6176	215 W.92nd St #15B
Bill Connington*	917-826-9004	315 W. 85 St. #1A
Alison Courtney -H	917-626-6787	317 W. 107 St. #2B/2C
Marta Curbelo -H	212-873-7098	150 W. 76 St. #2A
Barbara Curiale*	212-316-5306	838 West End Ave, Apt.BB
Jaye Miller Dougherty	212-877-0428	256 W. 88 St.
Also at		Juilliard School – Lincoln Center
Sofia Engel	917-697-1011	275 W 96 St #34D
Allison Foley-Graham -H	212-280-1619	317 W. 99 St. #6A
Also at		Barnard College, 3009 Broadway
Joan Hurley -H	917-599-7029	41 Riverside Dr #1D
Kathe Jarka*	212-787-1534	321 West 90th St, #6A
Barbara Kent*	212-865-2947	444 Central Park West #11C
Jane Kosminsky	212-724-9755	41 West 72 St #16B
Also at		Juilliard School – Lincoln Center
Phyllis Jo Kubey*	212-866-8385	255 W 108 St #8D1
N. Brooke Lieb -H	212-866-0679	317 W. 107 St #2B
Gwynne Marshall* -H	212-874-6216	623 West End Ave @90th St #1A
Patricia McGinnis*	212-362-3374	344 W. 89 St
Donna Reid	212-769-9177	545 West End Ave, #8A
Victoria Roth*	212-864-9033	895 West End Ave #11A
Lauren Schiff*	917-744-7168	210 W. 101 St. #9J
Also at		Juilliard School – Lincoln Center
Carolyn Serota	212-799-5000 x 251	Juilliard School – Lincoln Center
Daniel Singer*	212-932-1624	732 Amsterdam Ave #4N
Allen Spanje*	212-662-9155	318 W 100th St, #3B
Arthur Tobias* -H	212-875-7543	698 West End Ave #1A
Tom Vasiliades	212-564-5472	330 West 38th St, #805
Nanette Walsh*	212-663-6338	622 W. 114 St #64
Anne H. Waxman*	212-787-8198	124 West 74th St. #2R
Ralph Zito	212-799-5000 x219	Juilliard School – Lincoln Center

**Lower Manhattan and Soho**

Teva Bjerken	212-229-5859	New Drama School, 151 Bank St
Kim Jessor*		721 Broadway (Graduate Study NYU)

**Midtown & Murray Hill**

Judith Grodowitz*	212-904-1350	Esper Acting Studio, 209 W 37th St
Hope Martin* (groups only)	212-243-3867	NY Open Center. 22 E. 30th St.
Clare Maxwell* -H	718-243-2720	1133 Broadway, Suite 508
Jean McClelland*	212-969-0783	244 W. 54 St
Also at		NY Open Center: 22 E 30th st
Shelley Senter*	510-421-1077	1133 Broadway
Carolyn Serota	212-683-9078	150 E. 37 St
Daniel Singer*	212-932-1624	Circle-in-the-Square Theatre School
Leland Vall* -H	917-239-6313	TRS, 44 E. 32 St, 11th Floor
Tom Vasiliades* -H	212-564-5472	330 W. 38th Street, Room 805
Nanette Walsh	212-663-6338	330 W. 38th Street, Room 805

**Washinton Heights & Inwood**

Ruth Diamond	212-781-3069	900 W 190 St, #15C
Glenn Kenreich* -H	212-543-8019	120 Cabrini Blvd. #52
Cynthia Reynolds* -H	212-543-8019	120 Cabrini Blvd. #52
Ralph Zito	212-928-1690	116 Pinehurst Ave, R32

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Outer boroughs, CT and NJ →

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**Queens**

Amira Glaser\* 646-246-7983  
 Mark Josefsberg\* -H 917-709-4648  
 Naoko Saito 718-544-5049  
 Rebecca Tuffey\* 718-274-7452  
 Leland Vall -H 917-239-6313

Ditmars, Astoria  
 42-16 80<sup>th</sup> St #1J, Elmhurst  
 73-37 Austin St., #4A, Forest Hills  
 31-11 35<sup>th</sup> St, #1R, Astoria  
 Housecalls only

**Brooklyn**

Joan Arnold\* 718-768-2746  
 Teva Bjerken 718-788-0062  
 David Coben 917-579-8745  
 Kim Jessor\* 718-398-9421  
 Kristin Mozeiko 718-638-6739  
 Ina Paris-Cabello 917-520-8152  
 Robin Schiff\* 718-788-8502  
 Also at 718-951-5514  
 And 718-230-3707  
 Shelley Senter\* 718-832-6027  
 Laura Smith\* -H 917-603-0644  
 Also at 917-603-0644  
 Jane Tomkiewicz 718-369-3092  
 Jenna Zabala\* -H 718-431-4549  
 Also at

412 11<sup>th</sup> St, #2R, Park Slope  
 152 Prospect Park W, 4B, Park Slope  
 Greenpoint  
 229 Berkeley Pl., Park Slope  
 378 Greene Ave, Clinton Hill  
 421 55th St., #2, Sunset Park  
 305 8th Ave. #B2, Park Slope  
 Brooklyn College  
 Ellie Herman Studios  
 135 Prospect Park SouthWest, #D9  
 209 Beverly Rd., Kensington  
 2900 Bedford Ave: Brooklyn College  
 374 5th Ave, Park Slope  
 20 Plaza St. Prospect Heights  
 518 Henry St, Carroll Gdns

**Long Island**

Robert Bradley\* -H 347-463-0241  
 Kecia Chin\* -H 917-299-5005  
 Marjorie Dorfman 516-578-5862  
 Judith Grodowitz\* -H 631-749-5108  
 Barbara Kent\* 631-725-1955  
 Phyllis Jo Kubey 917-445-9929  
 Ed Malave -H 516-327-9112  
 Victoria Quesada 516-486-7307  
 Samell Ogus 631-324-6218

4 Villet Dr, E. Setauket  
 Island Park  
 32 Burt Ave, Northport  
 17 B S. Midway Rd, Shelter Island  
 Sag Harbor  
 CW Post Campus, Brookville  
 175 Brixton Rd., Garden City  
 128 Avon Place, West Hempstead  
 49 Sandra Rd., East Hampton

**Upstate New York**

Joan Arnold\* 518-329-7393  
 Laurie Currie\* 845-621-4677  
 Alexander Farkas\* -H 845-485-7355  
 Emily Faulkner\* 845-887-6210  
 Joan Frost\* -H 845-365-3497  
 Joy Jacobson\* 914-698-1036  
 Also at 914-967-6363 x206  
 Mark Josefsberg\* -H 917-709-4648  
 Phyllis Jo Kubey\* 917-445-9929  
 Victoria Moore 845-254-6322  
 Leslie Manes\* 914-669-6717  
 Ann Sickels Mathews 845-358-4236  
 Kathy Miranda\* 315-412-4829  
 Also at 315-475-6742  
 Charlotte Okie\* 914-747-1959  
 Frances F 570-727-2991  
 Judith C. Stern 914-921-2400  
 Carol Strozier 914-682-7274  
 Rebecca Tuffey 718-274-7452  
 Anne Holmes Waxman\* -H 917-620-9066

Ancram Opera House, 1130 Rte 7, Ancram  
 16 Red Brook Rd, Mahopac  
 27 Crescent Rd, Poughkeepsie  
 315 Fulton Hill Rd, Callicoon  
 71 Stephens Rd, Tappan  
 143 Knollwood Ave, Mamaroneck  
 YMCA, 21 Locust St, Rye  
 515 North State Rd, Briarcliff Manor  
 244 Westchester Ave, White Plains  
 293 Main St, Pine Hill  
 144 June Rd, North Salem  
 260 Sickletown Rd, Orangeburg  
 Delavan Center, Syracuse  
 Setnor College of Music, Syracuse  
 26 Orchard St, Pleasantville  
 Endicott, Binghamton area  
 31 Purchase St, Rye  
 127 Columbus Ave, Valhalla  
 31 Purchase St, Rye  
 351 Colgate Rd, E. Jewett

**Connecticut**

Rachel Bernsen 917-531-4484  
 Marta Curbelo -H 917-715-2438  
 Joan Frost\* 203-386-9282  
 Elizabeth Huebner\* 860-371-7784  
 Also at 860-456-1529  
 Jessica Wolf 212-691-3941

New Haven  
 Norwalk  
 35 Glenavon St., Stratford  
 17 S Highland St, West Hartford  
 327 South St, Willimantic  
 Yale Schl. of Drama, New Haven

**New Jersey**

Pamela Anderson 908-766-6837  
 Meade Andrews 609-403-8485  
 Also at 609-896-5168  
 Janice Boles 908-233-1540  
 Bette Chamberlin\* -H 973-432-5815  
 Alison Courtney 908-561-5094  
 Lori Gordon 201-768-1234  
 Lauren Jones\* -H 609-252-9145  
 Stephanie Kalka\* 732-713-4424  
 Jean McClelland 212-969-0783  
 Patricia McGinnis\* 732-531-3212  
 Sally McMahan -H 732-448-1357  
 Also at 732-672-6285  
 Gwendolyn M. Roe -H 973-981-0343  
 Diann Sichel 973-744-0357  
 Also at  
 Regina Wray 973-402-7473  
 Diane Young Sussman\* -H 732-342-9764  
 Also at  
 Valerie Van Hoven 973-627-8112

106 Culberson Rd, Basking Ridge  
 7233 Foxtail Ct, Lawrenceville  
 Rider Uni. Department of Fine Arts  
 639 Summit Avenue, Westfield  
 32 Woodmont Rd, U. Montclair  
 4475 S. Clinton Ave, South Plainfield  
 65 Eckerson Rd, Harrington Park  
 Princeton  
 14-6 Stuart Drive, Freehold  
 101 74th St #4, North Bergen  
 15 Corlies Ave, Allentown  
 133 Benner St, Highland Park  
 Mason Gross School of the Arts, Rutgers  
 5 Roosevelt Pl, Apt. 3 N, Montclair  
 51 Montclair Plaza, Suite 28  
 4446 Rt. 27, Kingston  
 241 Brook Valley Rd, Kinnelon  
 697 Valley St, Maplewood  
 35 Elm Pl, Milltown  
 21 Broadway, Denville