

This is a list of certified teachers of the Alexander Technique outside of the Greater NYC Metropolitan area. To get started we recommend an introductory lesson/workshop. You can use this list to find a teacher in your area. Teachers with an asterisk () after their name also teach group classes. Teachers with an (H) after their name make house calls.*

California

Eleanor Rosenthal 415-921-0921 530 Presidio Ave., San Francisco
 Eileen Troberman 760-943-9521 1354 North Coast Hwy, Suite A, Encinitas
 Also at UC San Diego, San Diego
 Karl Snider* -H 562-595-0954 2310 Eucalyptus Ave, Long Beach
 Also at 310-338-7433 Loyola Marymount University, LA

Colorado

Posie Robins Roth 303-431-7338 8301 W. 38th Ave., Wheat Ridge
 Also at Bridges Integrative Health & Wellness
 Lauren Schiff 303-425-2262 8098 W. 38th Ave, Wheat Ridge
 917-744-7168 Aspen

Florida

Helen Hansen 917-623-0657 St Petersburg
 Janice Rous 646-734-1569 202 Quayside Circle, Unit 102, Maitland
 Also at Shine On Yoga, 619 N. Thornton Ave, Orlando

Georgia

Ron Dennis 770-454-1177 2961 Appling Circle, Atlanta

Indiana

Victoria Hyatt Cahn 317-564-4605 9670 W. Washington St, suite 115

Illinois

Christopher Beckstrom 917-482-3158 4920 Tile Line Rd, Crystal Lake

Louisiana

Lisa Lutton 917-533-2857 1229 Royal St, New Orleans

Maryland

Carol Boggs 301-681-8318 8701 Georgia Ave, #409, Silver Spring
 Nancy Romita 410-218-0788 4412 Wickford Rd, Baltimore 21210
 Also at 410-704-2760 Towson Univ, Towson 21204

Michigan

Carol MacCallum Strozier* 248-885-0305 505 W. Breckenridge, Ferndale
 Also at 586 Lakeside Park, Port Huron

Minnesota

Lauren Hill -H 651-646-8993 638 Summit Ave, St. Paul

New Mexico

Marta Curbelo* 917-715-2438 7150 Old Santa Fe Trail, Santa Fe

North Carolina

Idelle Packer* -H 828-329-7761 Park Pl West at 70 Woodfin Place, Asheville
 Also at 828-687-0407 146 Merrill's Chase, Asheville
 Susan Perkins* -H 336-293-8099 337 Burkwood DR, Winston Salem
 Also at 336-721-2636 Salem College, Winston Salem

Pennsylvania

Sofia Engel* -H 917-697-1011 102 Blue Ridge Dr, Canadensis 18325
 N. Brooke Lieb 212-866-0679 Pipersville
 Frances Robertson* 570-727-2991 Orson and Montrose

Vermont

Tova Malin 802-254-6570 651 Hale Rd, Brattleboro
 Also at 802-579-7967 1037 Western Ave, Brattleboro

Virginia

Sandra Bain Cushman* 434-978-7767 3650 Lonesome Mt Road, Charlottesville
 Also at ATTC-V, 339 Copper Hill Road, Charlottesville
 Chris Friedman 434-296-6250 206 West Market Street, Charlottesville

Washington, D.C.

Riki Alexander 202-363-6568 2943 Tilden St. N.W., 20008
 Susan Martin Cohen 202-544-2448 125 Tenn Ave NE, 20002
 Also at 202-319-5359 Cath Univ of America, Dept of Drama, 20064-5