

THE **AMERICAN**  
**CENTER** FOR THE  
**ALEXANDER**  
**TECHNIQUE**, INC.

[www.acatnyc.org](http://www.acatnyc.org)

*This is a list of certified teachers of the Alexander Technique in the Greater NYC Metropolitan Area. To get started we recommend an introductory lesson/workshop. You can use this list to find a teacher in your area. Teachers with an asterisk (\*) after their name also teach group classes. Teachers with an (H) after their name make house calls.*

**Manhattan**

**Upper East Side**

Patty de Liosa\* 212-737-6469 423 E. 84 St  
Alejandra Martorell 646-509-1349 1685 Lexington Ave #3  
Jane Tomkiewicz\* 212-415-5552 92nd St. Y, 1395 Lex. Ave

**Union Square & Chelsea**

Joan Arnold\* 212-691-3941 1 Union Square West #708  
Rachel Bernsen 917-531-4484 39 W. 14th St. #507  
Teva Bjerken 347-907-2833 10 E. 21st St. 4th Fl  
Robert Bradley\* -H 347-463-0241 39 W. 14 St #507  
David Coben 917-579-8745 39 W. 14 St #507  
Barbara Curialle\* 212-316-5306 39 W. 14 St. #507  
Laurie Currie 845-621-4677 39 West 14th St. #507 & 508  
Ruth Diamond\* -H 212-677-1909 39 W. 14 St #507  
Marjorie Dorfman\* 212-929-1619 175 W. 12th St #4H  
Emily Faulkner\* 212-242-7768 525 W. 22 St #5A  
Joan Frost\* -H 845-365-3497 39 W. 14th St. #507  
Amira Glaser\* -H 646-246-7983 39 W. 14th St. #507  
Also at 41 Union Square West  
Judith Grodowitz\* 212-675-1094 337 W. 21 St #5A  
Michael Hanko\* -H 917-239-0863 39 W. 14 St #507  
Also at 341 W. 24 St., #12D  
Helen Hansen\* 917-623-0657 Union Square  
Joanne Howell -H 212-533-5574 201 E. 17 St #12J  
Betsy Hulton\* -H 646-348-4458 39 W. 14 St #507  
Joan Hurley -H 917-599-7029 39 W. 14 St. #507  
Mark Josefsberg\* -H 917-709-4648 39 W. 14 St #507  
Satoko Kajita 857-234-6634 39 W. 14 St #507  
Masumi Kishimoto 917-385-4249 39 W. 14 St #507  
Michelle Makarski -H 212-923-4660 39 W. 14 St #507  
Ed Malave -H 917-627-8212 39 W. 14 St #507  
Hope Martin\* 212-243-3867 15 E. 17 St., 6th floor  
Also at Hope Martin Studio, 39 W. 14 St #508  
Alejandra Martorell 646-509-1349 39 W. 14th St. #507  
Naoko Matsumoto\* -H 646-386-6241 39 W. 14th St. #507  
Elizabeth Reid 646-246-1552 15 E 21st St #320  
Cynthia Reynolds\* -H 646-765-8650 39 W. 14 St #507  
Gwendolyn M. Roe 973-981-0343 39 W. 14 St #507  
Victoria Roth\* 646-326-2213 39 W. 14 St. #507  
Diann Sichel\* 973-744-0357 1 Union Square W  
Jane Tomkiewicz 718-369-3092 39 W. 14 St. #507  
Rebecca Tuffey\* 347-665-8858 32 Union Sq East #615N  
Jessica Wolf\* 212-691-3941 1 Union Square West #814A  
Regina Wray -H 973-402-7473 39 W. 14 St #507  
Diane Young Sussman 646-734-7179 1123 Broadway at 25 St, #213

**Lower East Side & Greenwich Village**

Beret Arcaya\* 212-677-0022 810 Broadway, #2  
Teva Bjerken\* 212-229-5859 The New School for Drama, 151 Bank St  
Sabine Heubusch\* -H 212-254-7759 267 E. 10th St. #10  
Also at 74 Warren St  
Betsy Hulton\* -H 646-348-4458 438 E. 13th St.  
Ann Sickels Mathews 845-358-4236 74 Macdougall St  
Clare Maxwell\* -H 718-243-2720 434 Sixth Ave, 5th Floor  
Lindsay Newitter -H 646-300-1379 434 Sixth Ave, 5th Floor  
Cynthia Reynolds\* -H 646-765-8650 The New School for Drama, 151 Bank St  
Constance Serchuk 212-677-1663 568 Grand St #1806J  
Laura Smith -H 917-603-0644 114 Fulton Street

Tom Vasiliades\* 212-564-5472 The New School for Drama, 151 Bank St

**Upper West Side**

Riki Alexander 202-363-6568 400 Central Park West #8D  
Alan Bowers 212-666-6176 777 West End Ave #12B  
Bill Connington\* 917-826-9004 315 W. 85 St. #1A  
Alison Courtney -H 917-626-6787 317 W. 107 St. #2B/2C  
Marta Curbelo -H 212-873-7098 150 W. 76 St. #2A  
Barbara Curialle\* 212-316-5306 838 West End Ave, Apt.BB  
Jaye Miller Dougherty 212-877-0428 256 W. 88 St.  
Also at 212-799-5000 x.251 Juilliard School – Lincoln Center  
Sofia Engel 917-697-1011 275 W 96 St #34D  
Allison Foley-Graham -H 212-280-1619 317 W. 99 St. #6A  
Also at 212-854-6354 Barnard College, 3009 Broadway  
Joan Hurley -H 917-599-7029 41 Riverside Dr #1D  
Barbara Kent\* 212-865-2947 444 Central Park West #11C  
Jane Kosminsky 212-724-9755 41 West 72 St #16B  
Also at Juilliard School – Lincoln Center  
Phyllis Jo Kubey\* 212-866-8385 255 W 108 St #8D1  
N. Brooke Lieb -H 212-866-0679 317 W. 107 St #2B  
Lisa Lutton 917-533-2857 75 W. 71st Street #1D  
Gwynne Marshall\* -H 212-874-6216 623 West End Ave @90th St #1A  
Patricia McGinnis\* 212-362-3374 344 W. 89 St  
Donna Reid 212-769-9177 545 West End Ave, #8A  
Victoria Roth\* 212-864-9033 895 West End Ave #11A  
Lauren Schiff\* 212-971-1925 210 W. 101 St. #9J  
Also at Juilliard School – Lincoln Center  
Carolyn Serota 212-799-5000 x 251 Juilliard School – Lincoln Center  
Daniel Singer\* 212-932-1624 732 Amsterdam Ave #4N  
Allen Spanjer\* 212-662-9155 711 West End Ave #3MN  
Arthur Tobias\* -H 212-875-7543 698 West End Ave #1A  
Tom Vasiliades 212-564-5472 Juilliard School – Lincoln Center  
Nanette Walsh\* 212-663-6338 622 W. 114 St #54  
Anne H. Waxman\* 212-787-8198 124 West 74th St. #2R  
Ralph Zito 212-799-5000 x219 Juilliard School – Lincoln Center

**Lower Manhattan and Soho**

Kim Jessor\* 718-398-9421 114 Fulton St. #3W  
Hope Martin\* (groups only) 212-243-3867 NY Open Center 83 Spring St

**Midtown & Murray Hill**

Judith Grodowitz\* 212-904-1350 Esper Acting Studio, 209 W 37th St  
Jean McClelland 212-969-0783 244 W. 54 St  
Carolyn Serota 212-683-9078 150 E. 37 St  
Daniel Singer\* 212-932-1624 Circle-in-the-Square Theatre School  
Leland Vall\* -H 917-239-6313 TRS, 44 E. 32 St, 11th Floor  
Tom Vasiliades\* -H 212-564-5472 1330 W. 38th Street  
Nanette Walsh 212-663-6338 19 W. 34 St, Suite 1013

**Washinton Heights & Inwood**

Ruth Diamond 212-677-1909 900 W 190 St, #15C  
Glenn Kenreich\* -H 212-543-8019 120 Cabrini Blvd. #52  
Cynthia Reynolds\* -H 212-543-8019 120 Cabrini Blvd. #52  
Ralph Zito 212-928-1690 116 Pinehurst Ave, R32

Outer boroughs, CT and NJ →

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**Queens**

Amira Glaser*	646-246-7983	Ditmars, Astoria
Mark Josefsberg* -H	917-709-4648	42-16 80 <sup>th</sup> St #1J, Elmhurst
Naoko Saito	718-544-5049	73-37 Austin St., #4A, Forest Hills
Roxolana Podpirka	718-352-6412	166-24 15th Dr., Whitestone
Rebecca Tuffey*	718-274-7452	31-11 35 <sup>th</sup> St, #1R, Astoria
Leland Vall -H	917-239-6313	Housecalls only

**Brooklyn**

Joan Arnold*	718-768-2746	412 11 <sup>th</sup> St, #2R, Park Slope
Teva Bjerken	718-788-0062	152 Prospect Park W, 4B, Park Slope
David Coben	917-579-8745	Greenpoint
Kim Jessor*	718-398-9421	229 Berkeley Pl., Park Slope
Kristin Mozeiko	718-638-6739	378 Greene Ave, Clinton Hill
Ina Paris-Cabello	917-520-8152	421 55th St., #2, Sunset Park
Robin Schiff*	718-788-8502	305 8th Ave. #B2, Park Slope
Also at	718-951-5514	Brooklyn College
And	718-408-3234	Spoke the Hub, 748 Union St
Laura Smith* -H	917-603-0644	209 Beverly Rd., Kensington
Jane Tomkiewicz	718-369-3092	374 5th Ave, Park Slope

**Long Island**

Robert Bradley* -H	347-463-0241	4 Villet Dr, E. Setauket
Kecia Chin* -H	917-299-5005	Island Park
Marjorie Dorfman	516-578-5862	32 Burt Ave, Northport
Judith Grodowitz* -H	631-749-5108	17 B S. Midway Rd, Shelter Island
Barbara Kent*	631-725-1955	Sag Harbor
Phyllis Jo Kubey	917-445-9929	CW Post Campus, Brookville
Ed Malave -H	516-327-9112	175 Brixton Rd., Garden City
Victoria Moore	516-486-7307	128 Avon Place, West Hempstead
Also	845-254-6322	293 Main St, Pine Hill
Sarnell Ogus	631-324-6218	49 Sandra Rd., East Hampton

**Upstate New York**

Joan Arnold*	518-329-7393	Ancram Opera House, 1130 Rte 7, Ancram
Laurie Currie*	845-621-4677	16 Red Brook Rd, Mahopac
Alexander Farkas* -H	845-485-7355	27 Crescent Rd, Poughkeepsie
Emily Faulkner*	845-887-6210	315 Fulton Hill Rd, Callicoon
Joan Frost* -H	845-365-3497	71 Stephens Rd, Tappan
Joy Jacobson*	914-698-1036	143 Knollwood Ave, Mamaroneck
Also at	914-967-6363 x206	YMCA, 21 Locust St, Rye
Mark Josefsberg* -H	917-709-4648	515 North State Rd, Briarcliff Manor
Phyllis Jo Kubey*	917-445-9929	244 Westchester Ave, White Plains
Leslie Manes*	914-669-6717	144 June Rd, North Salem
Ann Sickels Mathews	845-358-4236	260 Sickletown Rd, Orangeburg
Kathy Miranda*	315-412-4829	Delavan Center, Syracuse
Also at	315-475-6742	Setnor College of Music, Syracuse
Charlotte Okie*	914-747-1959	26 Orchard St, Pleasantville
Frances Robertson	570-727-2991	Endicott, Binghamton area
Judith C. Stern	914-921-2400	31 Purchase St, Rye
Carol Strozier	914-682-7274	127 Columbus Ave, Valhalla
Rebecca Tuffey	718-274-7452	31 Purchase St, Rye
Anne Holmes Waxman* -H	917-620-9066	351 Colgate Rd, E. Jewett

**Connecticut**

Rachel Bensen	917-531-4484	New Haven
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Marta Curbelo -H	917-715-2438	Norwalk
Joan Frost* -H	845-323-0438	35 Glenavon St., Stratford
Elizabeth Huebner*	860-944-4731	17 S Highland St, West Hartford
Jessica Wolf	212-691-3941	Yale Schl. of Drama, New Haven

**New Jersey**

Pamela Anderson	908-766-6837	106 Culberson Rd, Basking Ridge
Bette Chamberlin* -H	973-432-5815	32 Woodmont Rd, U. Montclair
Alison Courtney	908-561-5094	4475 S. Clinton Ave, South Plainfield
Lauren Jones* -H	609-252-9145	Princeton
Stephanie Kalka*	732-713-4424	14-6 Stuart Drive, Freehold
Jean McClelland	212-969-0783	101 74th St #4, North Bergen
Patricia McGinnis*	732-531-3212	15 Corlies Ave, Allenhurst
Sally McMahan -H	732-448-1357	133 Benner St, Highland Park
Also at	732-672-6285	Mason Gross School of the Arts, Rutgers
Gwendolyn M. Roe -H	973-981-0343	5 Roosevelt Pl, Apt. 3 N, Montclair
Diann Sichel	973-744-0357	51 Montclair Plaza, Suite 28
Also at		4446 Rt. 27, Kingston
Regina Wray	973-402-7473	241 Brook Valley Rd, Kinnelon
Diane Young Sussman* -H	732-342-9764	697 Valley St, Maplewood
Also at		35 Elm Pl, Milltown
Valerie Van Hoven	973-627-8112	21 Broadway, Denville